EMPAC

Listening Creates an Opening

SEPTEMBER 12–15
AT 5:30PM

MARY ARMENTROUT
DANCE THEATER

THE CURTIS R. PRIEM EXPERIMENTAL MEDIA
AND PERFORMING ARTS CENTER
EMPAC.RPI.EDU
518.376.3921
LISTENING CREATES AN OPENING

BY MARY ARMENTROUT DANCE THEATER

A PERFORMANCE MEDITATION IN SIX ACTS
THAT WANDERS FROM THE RPI CAMPUS
THROUGH TROY TO THE HUDSON RIVER AT SUNSET

6 ACTS

1. in a Victorian parlour
2. on a hill
3. in the EMPAC theater
   intermission
4. in Uncle Sam's Health Foods parking lot
   or
   in the Karma Hair Studio
5. on the river
6. in the dark
   join us for a post-show reception with the artists

TWO POEMS BY EMILY DICKINSON (ARR ARMENTROUT)

in this short life
that merely lasts an hour
how much
how little
is within our power

if I can stop one heart from breaking
I shall not live in vain
if I can ease one life the aching
or cool one pain
or help one fainting robin unto their nest again
I shall not live in vain
“I don’t believe that site-specific work anywhere can exist in a vacuum. It is a political act, it is a social act, whether you want it to be or not.”

—STEPHEN KOPLOWITZ

I first began talking with Mary Armentrout about creating a new work for EMPAC when I arrived in Troy a little over two years ago. I was familiar with Armentrout’s practice from my time working in Oakland, California. The post-industrial landscape of the Capital Region immediately invoked familiar sights and sounds of Armentrout’s own performance space The Milk Bar, which at the time was located in the abandoned Sunshine Biscuit Factory in an industrial Oakland neighborhood wedged between Fruitvale and San Leandro. I was interested in how her approach to sites and the borders of those sites might probe EMPAC’s architectural bearing on the precipice of both the small and bustling town of Troy, NY, and the nation’s first technical university, Rensselaer. But I wasn’t sure what it would look like to take Armentrout’s practice, which had been so deeply rooted in Bay Area sites for over two decades, and move it elsewhere.

SITED WORK ACROSS DIFFERENT PLACES AND TIMES

There is a marked difference between northern California and north eastern dance communities. Bay Area dance communities take up space. They yell and scream, they wear brightly colored costumes, they act out as performers and activists in the streets, they run through the hills and beaches, and they take up space in a way that north eastern urban-based choreographers in particular seem never to fathom. Bay Area dance is most widely known for Anna Haprin’s 1950’s San Francisco Dancer’s Workshop and her subsequent work with great postmodern dance choreographers including Trisha Brown and Yvonne Rainer. Brown and Rainer worked with Halprin in the Bay Area, but ultimately made their careers in New York City like contemporary transplants including Trajal Harrell, Catherine Galasso, and Kate Weare.

But what of those choreographers who make their life’s work in the Bay Area? Like Joe Goode, Keith Hennessey, and Jess Curtis, three male choreographers who have made careers based in the Bay Area and who have successful careers touring nationally and internationally. Or those whose work stays closer to home, like Kealy Garfield, Nina Otis Haft, Randee Pauve, Erika Chong Shuch, and Amara Tabor-Smith? Like this latter group of her colleagues, Armentrout has made her life’s work almost exclusively in the Bay Area. She has delved deeply into various Bay Area performance sites from her own lived experience, somatic explorations thereof, and performance dedication to a certain community. She has taken her work on the road to places like New York City and Brighton in England, but typically with a less extended engagement. I wanted to work with Mary Armentrout to explore what makes her work tick, and how it might interface with another community from the outside in.
It is fitting that Mary Armentrout Dance Theater’s *Listening Creates an Opening* inaugurates the ten-year anniversary season of EMPAC’s building, which will be formally commemorated with the 10YEARS Celebration October 11-13, 2018. *Listening Creates an Opening* hearkens the days prior to EMPAC’s building, when curators and artists utilized local sites and venues for new programming that addressed technology, media, and science. For four years prior to the building’s opening, projects such as rehearsals for Flyaway Productions took place at the Hudson River and All Raise this Barn (East) by MTAA took place in the midst of Rensselaer’s campus. When the building opened in October 2008, the facility itself was a large experimental instrument for artists to explore. In the years since, artists have stretched the building’s four venues to their limits, changing their orientation, utilizing different facets of their technical adaptabilities, and drawing on various architectural elements for aesthetic inspiration. *Listening Creates an Opening* links these two eras of EMPAC programming with a performance that intrinsically explores the relationships between Troy, Rensselaer, and EMPAC.

To facilitate the depth of physical connection to her sites that I think makes Armentrout’s practice special, *Listening Creates an Opening* has been developed over the course of two and a half years, six different EMPAC residencies, and various personal trips that Armentrout made to Troy. Community members may have seen Armentrout spending time exploring town as her character, “the woman in the black dress.” Throughout the development of *Listening Creates an Opening*, Armentrout has engaged almost every single department of the EMPAC staff, ranging from IT and Front of House, to video, stage technologies, and audio. She even asked members of EMPAC’s environmental health and safety team to appear in the work. She taught seven workshops for different Rensselaer classes, hosted a public workshop with her collaborators, taught students in the Sanctuary for Independent Media’s 2017 Uptown Summer program, and provided a free performance at Superior Merchandise Company as a part of the most recent August 2018 Troy Night Out. Former Rensselaer faculty Nina Young’s Exploring Music @ Rensselaer students are featured as vocalists in the original compositions for *Listening Creates an Opening*. Armentrout also worked closely with local artists like Jack Magai and community members including Atsushi Akera and Jonah Moberg, who, among others, even carried out choreographic engagements for the development of *Listening Creates an Opening* when Armentrout herself could not be in town.

A focus on spaces both inside and outside of the EMPAC building as architectural place brings into focus the structure’s relationship to surrounding people and places. In its final product, *Listening Creates an Opening* reflects inward on the EMPAC building with a performance on the roof and in EMPAC’s theater. It simultaneously expands outward into the Rensselaer and Troy communities with performances in the new Rensselaer Off Campus Commons building, a downtown parking lot,
Karma Hair Salon overlooking Troy’s iconic Monument Square, and finally Troy Riverfront Park at dusk. In the process, Mary Armentrout and her close collaborators media artist Ian Winters and composer Evelyn Ficarra “listen” to their various surroundings to create a multi-sited live performance work that acquaints an intimate audience with a world of deliberate experiences.

TECHNOLOGICAL INTERFACES

*Listening Creates an Opening* takes inspiration from technical and physical interfaces that track the architectural borders of the EMPAC building. Across their artistic expertise, Armentrout, Ficarra, and Winters have collaborated together for almost two decades to explore, both explicitly and implicitly, how technology impacts our physical experience of moving through the world. Armentrout’s own practice is routed in her work with the Feldenkrais Method of Somatic Education. It consists of a series of gentle movement exercises that bring individual attention to the bodily experience, thus cultivating embodied awareness. This is the base from which the artists turn their attention to technology.

*Listening Creates an Opening* features footage from a year-long video time lapse that captured the northern and western glass borders of the EMPAC building. Over the course of the year, Armentrout invited local participants and artistic collaborators to occupy space and perform in the time lapse both outside of the hill adjacent to the building and inside on the staircase that borders the edge of the building. Some of these engagements were deliberate scenes for *Listening Creates an Opening*, where costumed performers appear as apparitions amidst daily happenings. Others were workshops with Rensselaer classes, and others still involved passersby. Complete footage from the time-lapse is installed in EMPAC’s lobby, while an artistic edit of the footage for *Listening Creates an Opening* is featured in the performance as an installation in Troy’s Riverside Park.

Another major technical endeavor that compliments the live components of *Listening Creates an Opening* is an LED-light sculpture installed in EMPAC’s theater. Media artist Ian Winters installed eight LED-light sensors around the crown of EMPAC’s Concert Hall, which lets light stream into the building. Winters then collected a year’s worth of sensor data that he captured from the changes of day light, sun and clouds around the crown of EMPAC’s concert hall. Winters’ light sculpture is driven by these collected changes of daylight and brings outside atmospheric elements into the otherwise insular theatrical space. While the video time-lapse highlights one of the more iconic parts of the EMPAC building, the light sensors were placed in one of the most inconspicuous and least traveled nooks of the building.
The original score for *Listening Creates an Opening* follows a similar focus as the visual media elements of the work. Composer Evelyn Ficarra spent a good deal of time listening to local soundscapes in processes inspired by the late-Pauline Oliveros’ sound walks. These recordings of technological and natural sound scores play with the live performances of Ficarra's original score.

**MAKING DANCES IN TROY, NY**

In all, the simple idea of bringing Armentrout’s Bay Area methods to Troy are a success in that Mary Armentrout Dance Theater has been able to make one of their signature works in Troy. Yet over the years this simple task has shifted and changed accordingly to various large goals and sited practicalities. For one, the barge on Starbuck Island where Armentrout planned to host a portion of her performance was sold to the new island development.

On a more granular level, I have learned in helping to facilitate Armentrout’s engagement with Troy that the stickiest parts of her practice are paramount to the success of her work. For example, Mary Armentrout has a deep commitment to community engagement, activism, and conversation with others. The centrality of her own somatic experience to her choreography, however, highlights the difficulties in factoring personal world experience into engagements with other surroundnings and perspectives. At the most basic level, this plays out in the power dynamics of being a funded artist at EMPAC with a wealth of staff and building resources. In trying to connect with Troy as a community, Armentrout had to navigate how to participate in ways that could help her in making a new work without also taking from the limited artistic resources of our local landscape. On another level one emerging theme in Armentrout’s practice in both California and New York is how a white artist working from an extremely personal place can listen to, support, and work to create more space for the landscape of racial and class difference around her.

*Listening Creates an Opening* is a beautiful work, but in it Mary Armentrout highlights the awkward, the quirky, and the uncomfortable in both her choreography and in the tone of her voice. I would venture to say that this aesthetic exemplifies the stickiness of exploring the intersectionality of places and spaces like Troy, the difficulties of being an outsider in someone else’s community, and of different institutions serving different purposes for different people. I hope that if nothing else this performance gives the relatively small part of our community that it touches something to grapple with, think about, and experience together. It does not seek to provide answers or solutions or successes, but instead sits in spaces and begs a listening to problems, gaps, failures and personal and collective experiences.

—ASHLEY FERRO-MURRAY, CURATOR, THEATER/DANCE
CREATED AND DIRECTED BY: MARY ARMENTROUT

IN COLLABORATION WITH: EVELYN FICARRA (SOUND AND MUSIC), IAN WINTERS (VIDEO AND VISUAL INSTALLATIONS)

PERFORMED BY: PATRICK BELAGA (CELLO), DARCY DUNN, ALLISON EASTER, JACK MAGAI

INITIAL COLLABORATIVE CONTRIBUTIONS FROM: CHRIS EVANS (CHOREOGRAPHER/COMPOSER/PERFORMER/CELLIST)

ADDITIONAL VIDEO (KAYAK) AND VIDEO DESIGN (PARLOUR): MARY ARMENTROUT

ADDITIONAL CELLO IMPROVISATION: PATRICK BELAGA

ADDITIONAL VIDEO TIMELAPSE PARTICIPANTS: JONAH MOBERG, ATSUSHI AKERA, GREGOR WYNNYCZUK, MARK SHARPE, HANA VAN DER KOLK, KEVIN LOVELADY, GUY SCHAFFER, RICHARD RING, JOHN DESOUSA, ROBERTO RODRIGUEZ-ESTRADA, TIM KOV, SHIREEN AHMED, EVAN THALER-NULL

ALICIA WALF’S SENSIBILITIES: WRITINGXDISCIPLINE CLASS (SPRING 2018), CURTIS BAHN’S EXPLORING MUSIC @ RENSSELAER (SPRING 2018), BRANDA MILLER’S SENIOR CREATIVE SEMINAR (SPRING 2018), NINA YOUNG’S EXPLORING MUSIC CLASS (SPRING 2018), (INCLUDING VOCAL RECORDINGS): JAMES AVTGES, RILEY BENSON, NATHAN BUCKLEY, NOLAN BUNYAVIROCH, CELIA CHEN, SHIKAN CHEN, RICARDO DIAZ, CHRISTOPHER FUENTES, YUAN HAO, GREG LERNER, MINYUE LIANG, JIAZHAO LIN, ZHIQI LIN, SHUTONG LUO, KATHERINE LUNDBERG, VIDHYA MARAN, NORA MOLINO, JUSTIN PEPE, VARUN RAVICHANDRAN, IZAK SAFRAN, ADAM SCHARFMAN, ROBERT SETH, BRIANNA SOMERSALL, ALLYSON TAN, KANGNING WANG, ZHENGE MEI WANG, PEIWEN WU, JIXIAO WU, XINYI YANG, ALEXANDRA YSTUETA, ZEJIE ZHOU, JINGYU ZHUANG

ACT 3 CONTAINS EXCERPTS FROM: AGITATA DA DUE VENTI, FROM GRISELDA, BY ANTONIO VIVALDI

LOVE LET THE WIND CRY, BY UNDINE SMITH MOORE

THERE’S NO BUSINESS LIKE SHOW BUSINESS, BY IRVING BERLIN
MARY ARMENTROUT

Mary Armentrout is an experimental choreographer, videographer, performer, and the director of the Mary Armentrout Dance Theater (MADT). Her mixed discipline, site-specific works have toured across the US and the UK, and recently won a San Francisco Bay Area Isadora Duncan Dance Award. Armentrout’s works are grounded in her ongoing investigations of the Feldenkrais mind-body practice, and how this practice intersects with the technological realities of contemporary life. This practice problematizes the lived experience of intentionality and presence, and includes the audience as a key element of each performance equation. MADT has been presented at numerous venues all over the San Francisco Bay Area, including ODC Theater, The LAB, Z Space, and Yerba Buena Center for the Arts, as well as in less proscenium-oriented spaces including a bathroom, a beach, and a car. MADT has also been presented across the US and the UK, Europe, and China, at spaces/festivals such as SFIAF, Brighton Fringe, Fresh Festival, Highways (LA), Danspace Project (NYC), Judson Church (NYC) and Tanzfabrik (Berlin). Armentrout has received support from the Zellerbach Family Foundation, the Wattis Foundation, the Hewlett Foundation, the Fohr Foundation, the Clorox Company Foundation, The Lighting Artists in Dance Award, the New Stages for Dance Award, and the CA$H Grant program, and residencies at Djerassi, The LAB, the Garage, CounterPULSE, Chalk Hill, and Mall of Found.
**PATRICK BELAGA** is an LA-based cellist and composer specializing in contemporary classical and improvisational music. He has performed at theaters and art institutions internationally throughout the US, Europe, and Asia. His collaborative work focuses on the intersection of music, theater, and dance. Other projects include original score work for film soundtracks.

**DARCY DUNN** mezzo soprano, performs opera, contemporary music and song. She enjoys collaborating with composers, poets, musicians and dancers in new works, and performs regularly at the Theater for the New City and with Downtown Music Productions in New York. She has appeared with the Bronx Opera, Chelsea Opera, Magic Circle Opera, Encompass Opera, Opera Manhattan, American Bolero, La Mama ETC, the Windham Chamber Orchestra, the New York Symphony, and in recital at Merkin Hall. She was a co-creator of the Mountaintop Celebration of Song in Hunter, New York, where she performed regularly with the trio, The Funny Valentines, and is a graduate and teacher of Magic Circle Training, developed by Ray Evans Harrell. Friends with Mary Armentrout since college, she is thrilled to be a part of this extraordinary work.

**ALLISON EASTER** was the first American woman in Stomp, where she performed and served as Rehearsal Director for the Off-Broadway cast. She danced with MacArthur winner Susan Marshall and Co., and performed with Meredith Monk for 30 years, receiving a Bessie Award and setting Monk’s work throughout the US and in Kiev, Manila, and Budapest. She teaches at Bank Street College of Education.

**EVELYN FICARRA** is a composer and sound artist. She has a strong focus on electro-acoustic and collaborative work and has written music for dance, music theatre, multimedia, experimental film, radio, installation and the concert hall. Her work has received support from the Arts Council of England, the London Arts Board, the Hinrichsen Foundation, Poems on the Underground and others, and has been heard internationally in concerts/installations/festivals such as MANCA, London International Festival of Theatre, Vienna Festival, City of London Festival, Brighton Fringe and San Francisco International Arts Festival. Current preoccupations include investigations of disembodied/re-embodied “sound objects” in theatrical contexts. Evelyn is a Senior Lecturer in Music at the University of Sussex. Her solo CD *Frantic Mid-Atlantic* is available on the Sargasso label.

**JACK MAGAI** employs objects, methods, and sites traditionally beyond the theatrical in order to investigate the evolution of attitudes about nature. This has led him to form the Troy Chainsaw Ensemble and to dance with chickens. In 2008 he co-founded the Emergent Scores Lab, a weekly meeting of time-based artists in Troy, NY to study the spontaneous development of improvisational structures. He studied dance and
literature at Bennington College. He has collaborated with, among others, Dayna Hanson, Heather Kravas, Paul de Jong, Lori Goldston, and Adam Frelin.

IAN WINTERS is a video and media artist working at the intersections of physical performance, installations/architectural form, and time-based media. In addition to individual work, he often collaborates with composers, directors, and choreographers to create both staged and site-specific media environments through performance, visual, and acoustic media. He also teaches and lectures widely on the intersections of live media, physical computing, installation, and performance. His work as both an individual artist and in collaboration has been seen widely in the US, Europe, and Asia. Recent awards include Creative Work Fund, Master Artist at the Atlantic Center for the Arts, Rainin, Clorox, and Zellerbach Foundation funding, residencies at Djerassi, Sussex University, and Earthdance, and Isadora Duncan Awards for visual design.

ACKNOWLEDGEMENTS
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SPECIAL THANKS
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